Questions & Answers

What is Going to Happen?
The doctor will apply three T.R.U.E. TEST panels to your back. Each panel has 12 small squares with different substances that help the doctor find out what is causing your itchy rashes!

Will it Hurt?
Your back might get a little itchy. Try your best not to scratch it, and if it itches too much ask an adult for help.

Can I Shower and Play?
You can play, but be careful not to get too sweaty. Ask your doctor about taking showers, but no baths or swimming for two days while the panels are on your back. The panels need to stay in the same place until you see your doctor again.

How Long Does it Take?
The panels will stay on your back for two days. The doctor will take them off for you, so don't pull them off yourself.

How Does it Work?
The materials in each patch are different things that might be causing your rashes. These are things that you might touch every day! Don't worry, the doctor will tell you what you are allergic to, and you can stay away from it.
Help the hummingbird through the maze

Who's making noise? Connect the Dots to find out!

Coloring Fun!

ALLERGY  CARE  PATCH  RASH  DOCTOR  SKIN  HEALTHY  SMART  ITCHY  TEST

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